

SHOPPING LIST

Mango Glazed Chicken and Vegetables with Rice

Items from Store

Items from Pantry

PRODUCE

- Green Onions
- Fresh Garlic
- Carrot; 2 medium
- Snow Peas; ½ pound
- Ginger Root

SAUCES/CONDIMENTS

- Olive Oil
- Sesame Oil
- Soy Sauce
- Rice

MEATS

- Chicken;
2 small Boneless, Skinless Breasts

DRY GOODS

- Mango Fruit Spread or Jam