

# SHOPPING LIST

## Mongolian Beef Meatballs over Rice with Garlic-Ginger Green Beans

### Items from Store

### Items from Pantry

#### PRODUCE

- Garlic, minced; 2 cloves
- Ginger
- (3) Onion; medium
- Green Onions
- Green Beans, Fresh or Frozen; 1 lb

#### MEATS

- Ground Beef, 3 lbs

#### DRY GOODS

- Rice, 2 cups

#### SAUCES/CONDIMENTS

- Olive Oil
- Soy Sauce
- Honey

#### DRY GOODS

- Cornstarch
- Brown Sugar
- Red Pepper Flakes
- Seasoned Salt
- Garlic Powder
- Black Pepper
- Sesame Seeds

#### DAIRY

- (3) Eggs

#### MISC.

- Beef Broth